

Hifz Study Planner

Structure your Quran memorization with weekly planning and daily tracking

4
Weekly Plans

7/wk
Daily Tracking

30 Juz
Revision Grid

My Memorization Goals

Target Completion Date: _____

Daily New Ayahs Goal: _____

Daily Revision Pages: _____

Current Surah/Juz: _____

My Motivation: _____

Planning Tip

Start with a realistic goal. Even 3-5 new ayahs per day adds up to over 1,000 ayahs per year. Consistency matters more than quantity. Use this planner to build a sustainable daily habit.

Monthly Overview

Month / Year: _____

Mon	Tue	Wed	Thu	Fri	Sat	Sun
—	—	—	—	—	—	—
—	—	—	—	—	—	—
—	—	—	—	—	—	—
—	—	—	—	—	—	—
—	—	—	—	—	—	—

Monthly Notes:

Week 1

Date Range: ____ to ____

This Week's Goal: _____

Day	New Memorization	Revision	Listen	Notes
Mon			30m	
Tue			30m	
Wed			30m	
Thu			30m	
Fri			30m	
Sat			30m	
Sun			30m	

Weekly Reflection

What went well: _____

What to improve: _____

Ayahs memorized this week: _____

Confidence Level:

1

2

3

4

5

Week 2

Date Range: ____ to ____

This Week's Goal: _____

Day	New Memorization	Revision	Listen	Notes
Mon			30m	
Tue			30m	
Wed			30m	
Thu			30m	
Fri			30m	
Sat			30m	
Sun			30m	

Weekly Reflection

What went well: _____

What to improve: _____

Ayahs memorized this week: _____

Confidence Level:

1

2

3

4

5

Week 3

Date Range: ____ to ____

This Week's Goal: _____

Day	New Memorization	Revision	Listen	Notes
Mon			30m	
Tue			30m	
Wed			30m	
Thu			30m	
Fri			30m	
Sat			30m	
Sun			30m	

Weekly Reflection

What went well: _____

What to improve: _____

Ayahs memorized this week: _____

Confidence Level:

1

2

3

4

5

Week 4

Date Range: ____ to ____

This Week's Goal: _____

Day	New Memorization	Revision	Listen	Notes
Mon			30m	
Tue			30m	
Wed			30m	
Thu			30m	
Fri			30m	
Sat			30m	
Sun			30m	

Weekly Reflection

What went well: _____

What to improve: _____

Ayahs memorized this week: _____

Confidence Level:

1

2

3

4

5

Juz Revision Tracker

Circle or check each box when you complete a revision of that Juz. Track 4 revisions per Juz.

Juz 1 R1 R2 R3 R4	Juz 2 R1 R2 R3 R4	Juz 3 R1 R2 R3 R4	Juz 4 R1 R2 R3 R4	Juz 5 R1 R2 R3 R4	Juz 6 R1 R2 R3 R4
Juz 7 R1 R2 R3 R4	Juz 8 R1 R2 R3 R4	Juz 9 R1 R2 R3 R4	Juz 10 R1 R2 R3 R4	Juz 11 R1 R2 R3 R4	Juz 12 R1 R2 R3 R4
Juz 13 R1 R2 R3 R4	Juz 14 R1 R2 R3 R4	Juz 15 R1 R2 R3 R4	Juz 16 R1 R2 R3 R4	Juz 17 R1 R2 R3 R4	Juz 18 R1 R2 R3 R4
Juz 19 R1 R2 R3 R4	Juz 20 R1 R2 R3 R4	Juz 21 R1 R2 R3 R4	Juz 22 R1 R2 R3 R4	Juz 23 R1 R2 R3 R4	Juz 24 R1 R2 R3 R4
Juz 25 R1 R2 R3 R4	Juz 26 R1 R2 R3 R4	Juz 27 R1 R2 R3 R4	Juz 28 R1 R2 R3 R4	Juz 29 R1 R2 R3 R4	Juz 30 R1 R2 R3 R4

— Sunan Ibn Majah 925