

# Hifz Progress Tracker

Monitor your Quran memorization journey across all 30 Juz and 114 Surahs

**114**  
Total Surahs

**6,236**  
Total Ayahs

**30**  
Total Juz

## My Progress Summary

Surahs Memorized

of 114

Ayahs Memorized

of 6,236

Juz Completed

of 30

Started On: \_\_\_\_\_

Target Completion: \_\_\_\_\_

Overall Progress:

Color in this bar as you progress ▮

"The best of you are those who learn the Quran and teach it." — Prophet Muhammad ﷺ (Sahih al-Bukhari 5027)

## Juz-by-Juz Progress — Part 1 (Juz 1–15)

Juz	Surahs Included	Start	Target	Done	Confidence	Notes
1	Al-Fatihah 1 - Al-Baqarah 141			<div><div></div></div>	1 2 3 4 5	
2	Al-Baqarah 142 - Al-Baqarah 252			<div><div></div></div>	1 2 3 4 5	
3	Al-Baqarah 253 - Ali 'Imran 92			<div><div></div></div>	1 2 3 4 5	
4	Ali 'Imran 93 - An-Nisa 23			<div><div></div></div>	1 2 3 4 5	
5	An-Nisa 24 - An-Nisa 147			<div><div></div></div>	1 2 3 4 5	
6	An-Nisa 148 - Al-Ma'idah 81			<div><div></div></div>	1 2 3 4 5	
7	Al-Ma'idah 82 - Al-An'am 110			<div><div></div></div>	1 2 3 4 5	
8	Al-An'am 111 - Al-A'raf 87			<div><div></div></div>	1 2 3 4 5	
9	Al-A'raf 88 - Al-Anfal 40			<div><div></div></div>	1 2 3 4 5	
10	Al-Anfal 41 - At-Tawbah 92			<div><div></div></div>	1 2 3 4 5	
11	At-Tawbah 93 - Hud 5			<div><div></div></div>	1 2 3 4 5	
12	Hud 6 - Yusuf 52			<div><div></div></div>	1 2 3 4 5	
13	Yusuf 53 - Ibrahim 52			<div><div></div></div>	1 2 3 4 5	
14	Al-Hijr 1 - An-Nahl 128			<div><div></div></div>	1 2 3 4 5	
15	Al-Isra 1 - Al-Kahf 74			<div><div></div></div>	1 2 3 4 5	

## Juz-by-Juz Progress — Part 2 (Juz 16–30)

Juz	Surahs Included	Start	Target	Done	Confidence	Notes
16	Al-Kahf 75 - Ta-Ha 135			<div><div></div></div>	1 2 3 4 5	
17	Al-Anbiya 1 - Al-Hajj 78			<div><div></div></div>	1 2 3 4 5	
18	Al-Mu'minun 1 - Al-Furqan 20			<div><div></div></div>	1 2 3 4 5	
19	Al-Furqan 21 - An-Naml 55			<div><div></div></div>	1 2 3 4 5	
20	An-Naml 56 - Al-Ankabut 45			<div><div></div></div>	1 2 3 4 5	
21	Al-Ankabut 46 - Al-Ahzab 30			<div><div></div></div>	1 2 3 4 5	
22	Al-Ahzab 31 - Ya-Sin 27			<div><div></div></div>	1 2 3 4 5	
23	Ya-Sin 28 - Az-Zumar 31			<div><div></div></div>	1 2 3 4 5	
24	Az-Zumar 32 - Fussilat 46			<div><div></div></div>	1 2 3 4 5	
25	Fussilat 47 - Al-Jathiyah 37			<div><div></div></div>	1 2 3 4 5	
26	Al-Ahqaf 1 - Adh-Dhariyat 30			<div><div></div></div>	1 2 3 4 5	
27	Adh-Dhariyat 31 - Al-Hadid 29			<div><div></div></div>	1 2 3 4 5	
28	Al-Mujadilah 1 - At-Tahrim 12			<div><div></div></div>	1 2 3 4 5	
29	Al-Mulk 1 - Al-Mursalat 50			<div><div></div></div>	1 2 3 4 5	
30	An-Naba 1 - An-Nas 6			<div><div></div></div>	1 2 3 4 5	

## Surah-Level Detail — Surahs 1–57

#	Surah	Ayahs	Start	End	Status
1	Al-Fatihah	7			Not Started In Progress Done
2	Al-Baqarah	286			Not Started In Progress Done
3	Ali 'Imran	200			Not Started In Progress Done
4	An-Nisa	176			Not Started In Progress Done
5	Al-Ma'idah	120			Not Started In Progress Done
6	Al-An'am	165			Not Started In Progress Done
7	Al-A'raf	206			Not Started In Progress Done
8	Al-Anfal	75			Not Started In Progress Done
9	At-Tawbah	129			Not Started In Progress Done
10	Yunus	109			Not Started In Progress Done
11	Hud	123			Not Started In Progress Done
12	Yusuf	111			Not Started In Progress Done
13	Ar-Ra'd	43			Not Started In Progress Done
14	Ibrahim	52			Not Started In Progress Done
15	Al-Hijr	99			Not Started In Progress Done
16	An-Nahl	128			Not Started In Progress Done
17	Al-Isra	111			Not Started In Progress Done
18	Al-Kahf	110			Not Started In Progress Done
19	Maryam	98			Not Started In Progress Done
20	Ta-Ha	135			Not Started In Progress Done
21	Al-Anbiya	112			Not Started In Progress Done
22	Al-Hajj	78			Not Started In Progress Done
23	Al-Mu'minun	118			Not Started In Progress Done
24	An-Nur	64			Not Started In Progress Done
25	Al-Furqan	77			Not Started In Progress Done
26	Ash-Shu'ara	227			Not Started In Progress Done
27	An-Naml	93			Not Started In Progress Done
28	Al-Qasas	88			Not Started In Progress Done
29	Al-Ankabut	69			Not Started In Progress Done
30	Ar-Rum	60			Not Started In Progress Done
31	Luqman	34			Not Started In Progress Done
32	As-Sajdah	30			Not Started In Progress Done
33	Al-Ahzab	73			Not Started In Progress Done
34	Saba	54			Not Started In Progress Done
35	Fatir	45			Not Started In Progress Done
36	Ya-Sin	83			Not Started In Progress Done
37	As-Saffat	182			Not Started In Progress Done
38	Sad	88			Not Started In Progress Done
39	Az-Zumar	75			Not Started In Progress Done
40	Ghafir	85			Not Started In Progress Done
41	Fussilat	54			Not Started In Progress Done
42	Ash-Shura	53			Not Started In Progress Done

#	Surah	Ayahs	Start	End	Status
43	Az-Zukhruf	89			Not Started
44	Ad-Dukhan	59			Not Started
45	Al-Jathiyah	37			Not Started
46	Al-Ahqaf	35			Not Started
47	Muhammad	38			Not Started
48	Al-Fath	29			Not Started
49	Al-Hujurat	18			Not Started
50	Qaf	45			Not Started
51	Adh-Dhariyat	60			Not Started
52	At-Tur	49			Not Started
53	An-Najm	62			Not Started
54	Al-Qamar	55			Not Started
55	Ar-Rahman	78			Not Started
56	Al-Waqi'ah	96			Not Started
57	Al-Hadid	29			Not Started

## Surah-Level Detail — Surahs 58–114

#	Surah	Ayahs	Start	End	Status
58	Al-Mujadilah	22			Not Started In Progress Done
59	Al-Hashr	24			Not Started In Progress Done
60	Al-Mumtahanah	13			Not Started In Progress Done
61	As-Saff	14			Not Started In Progress Done
62	Al-Jumu'ah	11			Not Started In Progress Done
63	Al-Munafiqun	11			Not Started In Progress Done
64	At-Taghabun	18			Not Started In Progress Done
65	At-Talaq	12			Not Started In Progress Done
66	At-Tahrim	12			Not Started In Progress Done
67	Al-Mulk	30			Not Started In Progress Done
68	Al-Qalam	52			Not Started In Progress Done
69	Al-Haqqah	52			Not Started In Progress Done
70	Al-Ma'arij	44			Not Started In Progress Done
71	Nuh	28			Not Started In Progress Done
72	Al-Jinn	28			Not Started In Progress Done
73	Al-Muzzammil	20			Not Started In Progress Done
74	Al-Muddaththir	56			Not Started In Progress Done
75	Al-Qiyamah	40			Not Started In Progress Done
76	Al-Insan	31			Not Started In Progress Done
77	Al-Mursalat	50			Not Started In Progress Done
78	An-Naba	40			Not Started In Progress Done
79	An-Nazi'at	46			Not Started In Progress Done
80	Abasa	42			Not Started In Progress Done
81	At-Takwir	29			Not Started In Progress Done
82	Al-Infitar	19			Not Started In Progress Done
83	Al-Mutaffifin	36			Not Started In Progress Done
84	Al-Inshiqaq	25			Not Started In Progress Done
85	Al-Buruj	22			Not Started In Progress Done
86	At-Tariq	17			Not Started In Progress Done
87	Al-A'la	19			Not Started In Progress Done
88	Al-Ghashiyah	26			Not Started In Progress Done
89	Al-Fajr	30			Not Started In Progress Done
90	Al-Balad	20			Not Started In Progress Done
91	Ash-Shams	15			Not Started In Progress Done
92	Al-Layl	21			Not Started In Progress Done
93	Ad-Duha	11			Not Started In Progress Done
94	Ash-Sharh	8			Not Started In Progress Done
95	At-Tin	8			Not Started In Progress Done
96	Al-'Alaq	19			Not Started In Progress Done
97	Al-Qadr	5			Not Started In Progress Done
98	Al-Bayyinah	8			Not Started In Progress Done
99	Az-Zalzalah	8			Not Started In Progress Done

#	Surah	Ayahs	Start	End	Status
100	Al-'Adiyat	11			Not Started In Progress Done
101	Al-Qari'ah	11			Not Started In Progress Done
102	At-Takathur	8			Not Started In Progress Done
103	Al-'Asr	3			Not Started In Progress Done
104	Al-Humazah	9			Not Started In Progress Done
105	Al-Fil	5			Not Started In Progress Done
106	Quraysh	4			Not Started In Progress Done
107	Al-Ma'un	7			Not Started In Progress Done
108	Al-Kawthar	3			Not Started In Progress Done
109	Al-Kafirun	6			Not Started In Progress Done
110	An-Nasr	3			Not Started In Progress Done
111	Al-Masad	5			Not Started In Progress Done
112	Al-Ikhlash	4			Not Started In Progress Done
113	Al-Falaq	5			Not Started In Progress Done
114	An-Nas	6			Not Started In Progress Done