

Complete Surah Checklist

Track your memorization of all 114 Surahs of the Quran

114
Surahs

6,236
Ayahs

30
Juz

How to Use This Checklist

- Print this checklist and keep it with your Quran or study materials.
- Use the three tracking columns to mark your progress for each surah:
- M = Memorized — You have fully memorized this surah and can recite it from memory.
- R = In Revision — You are actively reviewing this surah to strengthen memorization.
- L = Learning — You are currently learning or listening to this surah.
- Update your checklist weekly to track your overall Hifz journey.

Complete Surah Checklist

#	Surah Name	Meaning	Ayahs	Juz	Type	M	R	L
1	Al-Fatihah	The Opening	7	1	Makki			
2	Al-Baqarah	The Cow	286	1-3	Madani			
3	Ali 'Imran	The Family of Imran	200	3-4	Madani			
4	An-Nisa	The Women	176	4-6	Madani			
5	Al-Ma'idah	The Table Spread	120	6-7	Madani			
6	Al-An'am	The Cattle	165	7-8	Makki			
7	Al-A'raf	The Heights	206	8-9	Makki			
8	Al-Anfal	The Spoils of War	75	9-10	Madani			
9	At-Tawbah	The Repentance	129	10-11	Madani			
10	Yunus	Jonah	109	11	Makki			
11	Hud	Hud	123	11-12	Makki			
12	Yusuf	Joseph	111	12-13	Makki			
13	Ar-Ra'd	The Thunder	43	13	Madani			
14	Ibrahim	Abraham	52	13	Makki			
15	Al-Hijr	The Rocky Tract	99	14	Makki			
16	An-Nahl	The Bee	128	14	Makki			
17	Al-Isra	The Night Journey	111	15	Makki			
18	Al-Kahf	The Cave	110	15-16	Makki			
19	Maryam	Mary	98	16	Makki			
20	Ta-Ha	Ta-Ha	135	16	Makki			
21	Al-Anbiya	The Prophets	112	17	Makki			
22	Al-Hajj	The Pilgrimage	78	17	Madani			
23	Al-Mu'minun	The Believers	118	18	Makki			
24	An-Nur	The Light	64	18	Madani			
25	Al-Furqan	The Criterion	77	18-19	Makki			
26	Ash-Shu'ara	The Poets	227	19	Makki			
27	An-Naml	The Ants	93	19-20	Makki			
28	Al-Qasas	The Stories	88	20	Makki			
29	Al-Ankabut	The Spider	69	20-21	Makki			
30	Ar-Rum	The Romans	60	21	Makki			
31	Luqman	Luqman	34	21	Makki			
32	As-Sajdah	The Prostration	30	21	Makki			
33	Al-Ahzab	The Confederates	73	21-22	Madani			
34	Saba	Sheba	54	22	Makki			
35	Fatir	The Originator	45	22	Makki			
36	Ya-Sin	Ya-Sin	83	22-23	Makki			
37	As-Saffat	Those Ranged in Ranks	182	23	Makki			
38	Sad	The Letter Sad	88	23	Makki			
39	Az-Zumar	The Groups	75	23-24	Makki			
40	Ghafir	The Forgiver	85	24	Makki			
41	Fussilat	Explained in Detail	54	24-25	Makki			
42	Ash-Shura	The Consultation	53	25	Makki			
43	Az-Zukhruf	The Gold Adornments	89	25	Makki			

Complete Surah Checklist (continued)

#	Surah Name	Meaning	Ayahs	Juz	Type	M	R	L
44	Ad-Dukhan	The Smoke	59	25	Makki			
45	Al-Jathiyah	The Kneeling	37	25	Makki			
46	Al-Ahqaf	The Wind-Curved Sandhills	35	26	Makki			
47	Muhammad	Muhammad	38	26	Madani			
48	Al-Fath	The Victory	29	26	Madani			
49	Al-Hujurat	The Rooms	18	26	Madani			
50	Qaf	The Letter Qaf	45	26	Makki			
51	Adh-Dhariyat	The Scattering Winds	60	26-27	Makki			
52	At-Tur	The Mount	49	27	Makki			
53	An-Najm	The Star	62	27	Makki			
54	Al-Qamar	The Moon	55	27	Makki			
55	Ar-Rahman	The Most Merciful	78	27	Madani			
56	Al-Waqi'ah	The Event	96	27	Makki			
57	Al-Hadid	The Iron	29	27	Madani			
58	Al-Mujadilah	The Pleading Woman	22	28	Madani			
59	Al-Hashr	The Gathering	24	28	Madani			
60	Al-Mumtahanah	The Examined One	13	28	Madani			
61	As-Saff	The Ranks	14	28	Madani			
62	Al-Jumu'ah	The Friday	11	28	Madani			
63	Al-Munafiqun	The Hypocrites	11	28	Madani			
64	At-Taghabun	The Mutual Disillusion	18	28	Madani			
65	At-Talaq	The Divorce	12	28	Madani			
66	At-Tahrim	The Prohibition	12	28	Madani			
67	Al-Mulk	The Sovereignty	30	29	Makki			
68	Al-Qalam	The Pen	52	29	Makki			
69	Al-Haqqah	The Inevitable	52	29	Makki			
70	Al-Ma'arij	The Ascending Stairways	44	29	Makki			
71	Nuh	Noah	28	29	Makki			
72	Al-Jinn	The Jinn	28	29	Makki			
73	Al-Muzzammil	The Enshrouded One	20	29	Makki			
74	Al-Muddaththir	The Cloaked One	56	29	Makki			
75	Al-Qiyamah	The Resurrection	40	29	Makki			
76	Al-Insan	Man	31	29	Madani			
77	Al-Mursalat	Those Sent Forth	50	29	Makki			
78	An-Naba	The Great News	40	30	Makki			
79	An-Nazi'at	Those Who Drag Forth	46	30	Makki			
80	Abasa	He Frowned	42	30	Makki			
81	At-Takwir	The Overthrowing	29	30	Makki			
82	Al-Infitar	The Cleaving	19	30	Makki			
83	Al-Mutaffifin	The Defrauding	36	30	Makki			
84	Al-Inshiqaq	The Splitting Open	25	30	Makki			
85	Al-Buruj	The Great Stars	22	30	Makki			
86	At-Tariq	The Morning Star	17	30	Makki			

Complete Surah Checklist (continued)

#	Surah Name	Meaning	Ayahs	Juz	Type	M	R	L
87	Al-A'la	The Most High	19	30	Makki			
88	Al-Ghashiyah	The Overwhelming	26	30	Makki			
89	Al-Fajr	The Dawn	30	30	Makki			
90	Al-Balad	The City	20	30	Makki			
91	Ash-Shams	The Sun	15	30	Makki			
92	Al-Layl	The Night	21	30	Makki			
93	Ad-Duha	The Morning Hours	11	30	Makki			
94	Ash-Sharh	The Relief	8	30	Makki			
95	At-Tin	The Fig	8	30	Makki			
96	Al-'Alaq	The Clot	19	30	Makki			
97	Al-Qadr	The Power	5	30	Makki			
98	Al-Bayyinah	The Clear Proof	8	30	Madani			
99	Az-Zalzalah	The Earthquake	8	30	Madani			
100	Al-'Adiyat	The Chargers	11	30	Makki			
101	Al-Qari'ah	The Calamity	11	30	Makki			
102	At-Takathur	The Rivalry in Worldly	8	30	Makki			
103	Al-'Asr	Increase The Declining Day	3	30	Makki			
104	Al-Humazah	The Traducer	9	30	Makki			
105	Al-Fil	The Elephant	5	30	Makki			
106	Quraysh	Quraysh	4	30	Makki			
107	Al-Ma'un	The Small Kindnesses	7	30	Makki			
108	Al-Kawthar	The Abundance	3	30	Makki			
109	Al-Kafirun	The Disbelievers	6	30	Makki			
110	An-Nasr	The Divine Support	3	30	Madani			
111	Al-Masad	The Palm Fiber	5	30	Makki			
112	Al-Ikhlās	The Sincerity	4	30	Makki			
113	Al-Falaq	The Daybreak	5	30	Makki			
114	An-Nas	Mankind	6	30	Makki			